

Five to *Thrive*

Favorite Community Building Resources for Working Parents

AUGGIE

For parents who are in it, from parents who've been through it. Auggie is a platform for parents to find community, share recommendations, and shop vetted products.

THE COMPANY OF DADS

The Company of Dads is a place to learn, share ideas and most of all, enjoy a community of dads just like you – dads who are managing children, supporting their partner and keeping it all together.

CHAMBER OF MOTHERS

Chamber of Mothers focuses on advancing maternal rights in America including paid leave, affordable childcare, and improved maternal outcomes for every mother.

MOMMIES OF MIRACLES

The world's largest virtual support group for mothers of children who have medical complexities, life-limiting conditions, or developmental disabilities

POSTPARTUM SUPPORT INTERNATIONAL FACEBOOK GROUP

A closed Facebook Group with great support/information for new moms. Moms can search this forum for keywords from previous posts related to what they're going through (e.g., 'anxiety', 'support for BIPOC parents')