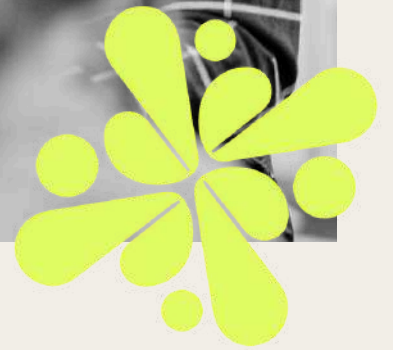




Choosing Childcare That's Right for Your Family: Au Pair

TINY HUMANS, BIG NEEDS – WE'VE GOT THE
SHOP GUIDE TO HELP YOU DECIDE.

josie*



Introduction

MAKING A PLAN FOR CHILDCARE CAN BE OVERWHELMING (AND A GIANT PAIN IN THE BUM) - BUT FEAR NOT, WE'VE GOT YOU COVERED.

Josie's Childcare guides are here to help you explore what to consider, how the process works, and how to manage different types of childcare - so you can find the right fit for you and your family.

This particular guide focuses on au pairs. If you have a partner, we recommend going through it together.



Au Pair

WHAT TO LOOK FOR/OBSERVE

- Shared values
- Personality match/chemistry
- Minimum experience requirements to work with children under 2 years (i.e., at least 200 hours of documented infant childcare experience)
- Professionalism of both the au pair agency and the au pair

TIPS ON PROCESS

- Determine if you meet U.S. State Department requirements for host families
- Start researching and determine if you want to go through an agency or on our own
- A U.S. State Department-approved au pair agency can sponsor a visa
- Process can take 6-10 weeks
- Apply to be a host family
- Conduct interviews – email, Skype, FaceTime, etc.
- May need to conduct an in-home interview with a local agency representative
- Match with an au pair and choose an arrival date

TIPS ON RELATIONSHIP MANAGEMENT

- Expect that there will be an adjustment period for everyone!
- Make sure you follow U.S. State Department regulations
- Set and maintain boundaries – this can be different for each family
- Practice giving constructive and actionable feedback
- Show gratitude
- If hired through an agency, the agency can help mitigate issues if the match ends up not working

***Be clear on who owns what between you and your partner*

HAVE MORE QUESTIONS?

Get in touch with team Josie:



hello@myjosie.com



[Josie](#)



[@myjosieinc](#)



Confidentiality Notice: This document contains privileged and confidential information intended only for the use of the intended recipient(s). Any unauthorized disclosure, distribution, copying, or use of the information contained herein is strictly prohibited. If you are not the intended recipient or have received this document in error, please notify the sender immediately and destroy all copies of the document. Thank you for respecting the confidentiality of this information.

josie*